

# CONTACT

FALL/WINTER 2025

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# A MESSAGE FROM THE CEO

I can hardly believe we are nearing the end of the year—2025 brought so much growth, opportunity and excitement to our work at the YWCA. Each week, I continue to be deeply inspired by the dedication and impact of our employees, board members, volunteers, donors and program participants.

In September, a monumental update was approved by members at our AGM: changing our legal name from Young Women's Christian Association to YWCA British Columbia. This change is significant and aligns with our strategic priority to expand services beyond Metro Vancouver, where many women and families are seeking more affordable housing and integrated services. While the name change retains our strong brand identity, it also clarifies that we are not a religious organization.



**Our mission and vision have not changed. We remain passionate about gender equity and will continue to advance it through our advocacy and impactful programs.**

With this name change, we are also working on a visual rebrand, which we are excited to launch in the new year. We can't wait to show you our new look that we think exemplifies our strength, passion and dedication.

Besides this shift, an incredible amount of work has been underway this year. Throughout these pages you will read about some of our amazing programs and the dedicated supporters making them happen. You will read about a record-breaking donation that will impact the lives of hundreds of women as they pursue careers in the skilled trades. You will get an overview of our many housing projects and what's coming up. You will also get an update on the impact of our advocacy work, our commitment to truth and reconciliation and our IDEA goals.

None of this work would be possible without the generosity and commitment of our donors. Together, we're continuing to pursue meaningful change for women, gender-diverse people and children.

Thank you for your ongoing support,

A handwritten signature in black ink, appearing to read 'Erin Seeley', positioned above the printed name and title.

**Erin Seeley**  
CEO



# HISTORIC GIFT FUELS NEW OPPORTUNITIES IN THE SKILLED TRADES



Representatives from Dennis and Phyllis Washington Foundation, Seaspan Shipyards, YWCA and Higher Ground event panelists.

On September 12, YWCA Metro Vancouver announced the largest private donation in our organization's history: a transformative \$5.56 million gift from the Dennis & Phyllis Washington Foundation, in conjunction with Seaspan Shipyards. This gift enabled the launch of YWCA Higher Ground, a new employment program for women pursuing careers in the skilled trades.

The record-breaking investment will ensure hundreds of women have access to training, mentorship and wraparound supports as they embark on rewarding careers in this high-demand sector.

The announcement took place at a special edition of our Impact Series, which brought together industry leaders, partners, graduates of YWCA trades programs and community members to celebrate this milestone. The afternoon featured a panel discussion moderated by Tina Hurd, Program Manager of Higher Ground, who has extensive experience leading trades programs for women at the YWCA. The panel featured four accomplished women in the trades: Kathleen Scott, Apprenticeship Advisor with SkilledTradesBC; Lisa Scott, Red Seal Electrician and Catalyst for Apprenticeship

Promotion and Progression; Lauren Pedersen, a Red Seal-certified Floor Covering Installer and YWCA Level Up alum; and Diem Nguyen, Heavy Equipment Operator and also a YWCA Level Up alum.

Each speaker shared their unique journey, from overcoming early challenges to stepping into leadership roles. A consistent theme emerged: women remain underrepresented in the trades, but with mentorship, community and supportive services, they can not only succeed, but thrive.

Higher Ground will serve 300 participants over five years through hands-on exploration, industry connections, site visits and accredited training pathways at BCIT. To reduce barriers, the program also provides wraparound services such as child care, transportation and accessibility accommodations.

"Our goal is to empower women to confidently break barriers, achieve economic independence and build sustainable careers," said Tina Hurd.

**To learn more about YWCA Higher Ground or to register, visit [ywcavan.org/higher-ground](https://ywcavan.org/higher-ground) or contact Tina Hurd at [thurd@ywcavan.org](mailto:thurd@ywcavan.org)**



# WHEN REAL LIFE CHANGES EVERYTHING: YWCA EMPLOYMENT NAVIGATOR



YWCA team member and program participants.

When Alicia joined the YWCA Employment Navigator program, she hadn't worked in nearly five years. Parenting alone, without a driver's license, managing a back injury and navigating a significant gap in employment, she felt trapped. On top of it all, child care limitations made her options even narrower.

"As a single mother facing many barriers, I had to learn how to navigate both employment and educational opportunities," Alicia shares. "My previous career was no longer viable, and I needed guidance—not only to discover what options were available, but also to find a career path that resonated with me."

That support came through the YWCA Employment Navigator program. Through one-to-one career exploration, access to resources and a loaner computer, Alicia found a way forward.

"It definitely helped me understand the opportunities available and made me aware of the abundance of resources within the community," she says.

This fall, she will begin the Mental Health and Substance Use Certificate Program at Douglas College, financially supported with multiple awards and scholarships. Her long-term goal is to work as a support worker before opening her own recovery house.

## Coast Capital's Lasting Impact

Alicia's journey is one of many made possible thanks to Coast Capital Savings, a dedicated supporter of the YWCA since 2005 and one of the program's funders since 2024. Their investment ensures mothers parenting alone have access to training, financial resources and the tools they need to succeed.

When women gain opportunities for education and meaningful employment, their children benefit too, creating a ripple effect that uplifts families and strengthens communities for generations.

**For more information on Employment Navigator and how to support single mothers in their employment journey, contact Andrew Nguyen at [anguyen@ywcavan.org](mailto:anguyen@ywcavan.org) or 604 985 5808.**



# GIVING 'TIME, TALENT AND TREASURE' THROUGH CORPORATE VOLUNTEERING

At YWCA Metro Vancouver, we have the privilege of working with incredible businesses looking to have an impact in the community through volunteering. One of these amazing supporters is Acuitas Therapeutics. For them, community impact involves combining the time, energy and creativity of their team in meaningful ways.

Acuitas champions volunteer efforts at YWCA Munroe House, a second-stage transitional housing community that provides support to women and children who have experienced violence. Their team work hard to maintain the garden, nourish the vegetable patch, and arrange for clean-up groups to keep it beautiful and safe for the residents. Children at Munroe and Crabtree Corner also received new bikes courtesy of an Acuitas team-building day. Their interactions with YWCA staff and participants are with care, empathy, and commitment.

Acuitas also supports YWCA Crabtree Corner, our resource centre and housing community in

the Downtown Eastside, by hosting breakfasts and lunches and delivering creative initiatives. An example of this creativity came during the holiday season, when the Acuitas team, aiming to support the community and reduce food waste, proactively calculated the anticipated food surplus before preparing their holiday dinner. They used those calculations to hire a chef to create a nourishing holiday meal for the 12 women and their children who live in the Crabtree Housing community.

“As a company whose mission is dedicated to improving human health, Acuitas is committed to supporting our communities, including through local organizations such as the YWCA,” said Miranda Lam, K.C., President and Chief Legal Officer of Acuitas, and 2023 YWCA of Distinction Awards recipient. “They play a vital role in BC ... and we are proud to give our ‘time, talent and treasure’ to the YWCA.”

**For more information on corporate volunteer opportunities, please contact Zoe Stronge at [zstronge@ywcavan.org](mailto:zstronge@ywcavan.org) or 604 895 5855.**



Members of the Acuitas team volunteering at a Crabtree Corner special breakfast.





Tsatsu Stalqayu (Coastal Wolf Pack) at the 2025 Rhythms of Resilience (photo by Suzette Amaya).

## HONOURING WARRIOR WOMEN AT RHYTHMS OF RESILIENCE 2025

On September 25, our community came together in song, dance and story for Rhythms of Resilience: Voices of Warrior Women. Held each year ahead of National Day for Truth and Reconciliation, this gathering is not a performance or festival; it is a space to honour Survivors and intergenerational Survivors, to remember the children who never came home and to witness the strength and care that Indigenous communities continue to carry forward.

This year's theme, warrior women, resonated throughout the evening, which opened with words from Elder Mary Point of Musqueam. The hall carried a sense of warmth and welcome. Spakwus Slolem (Eagle Song Dancers), Hayley Wallis, and Tsatsu Stalqayu (Coastal Wolf Pack) offered teachings and movement that honoured matriarchs, mothers, aunties and grandmothers, the women who hold language, protect families and carry traditions forward.

Midway through the program, the Women's Warrior Song rose in the hall. Emcees Erin Seeley and Celeste Haldane invited matriarchs and women to stand, acknowledging warrior women

among us. Then, as the song lifted again, the audience joined in. The hall filled with voices, some strong, some tentative, but together forming a chorus of recognition and gratitude. It was a moment of collective witness that reached beyond performance into ceremony.

The vendor tables added another layer of connection. Indigenous artists and makers offered a diverse selection of goods, from beadwork and jewelry to tea and chocolate! Visitors did not just browse, they listened, learned and built relationships.

As we pursue our commitment to reconciliation, may we continue to honour the children who never came home and the Survivors and families who live with this history every day. May we carry forward the voices of warrior women, whose strength continues to guide and protect communities.

**To learn more about how you can support our Indigenous Initiatives and Engagement program, contact Kathy Lilyholm at 604 895 5851 or [klilyholm@ywcavan.org](mailto:klilyholm@ywcavan.org).**



# THE TRUE COSTS OF GENDER-BASED VIOLENCE IN BC

Gender-based violence (GBV) is a widespread public safety and public health crisis in British Columbia, disproportionately impacting women, girls and gender-diverse people. More than one-in-three women in BC experience intimate partner violence, and over half experience sexual violence in their lifetime, yet most incidents are never reported. The consequences are not only devastating on a personal level—they ripple across families, communities and generations.

In many ways, the true costs of GBV are immeasurable.

However, we know the long-term financial and social consequences of failing to fully address GBV are both vast and unsustainable. With generous funding support from The Houssian Foundation and SPARC BC, we have engaged economist Robin Shaban to quantify the true costs of GBV in BC. This report will be released in 2026 and will help us highlight that the costs of gender-based violence are too high to ignore.

Some of the areas that we will unpack further in our report include:

**Economic costs:** GBV leads to lost productivity, increased demands on health care, social services, policing, legal systems and housing supports. Survivors often face barriers to education and employment, resulting in long-term economic instability and poverty.

**Housing insecurity:** Survivors are often forced to flee unsafe environments, leading to displacement, homelessness or precarious housing—particularly for women and children.

**Public health impact:** GBV causes serious physical and psychological trauma, including chronic health conditions, PTSD, depression and substance use. The strain on health care services is significant and growing.



**Intergenerational trauma:** Exposure to violence—either directly or indirectly—can have lifelong impacts on children and youth, perpetuating cycles of abuse, mental health challenges and systemic marginalization.

**Undermining gender equity:** GBV reinforces systemic inequality, keeping women and gender-diverse people from fully participating in social, political and economic life.

Once the report is complete, it will provide a strong empirical foundation to support our advocacy to end gender-based violence, through robust prevention strategies and support for survivors.

**For more information on our advocacy work, please contact Shauna Shortt at [sshortt@ywcavan.org](mailto:sshortt@ywcavan.org).**





Groundbreaking of YWCA Tyndall Street on May 6, 2025.

## BUILDING COMMUNITY WITH YWCA HOUSING

When Lena came to YWCA Housing, she was leaving an emotionally abusive relationship. Pregnant and already raising a young child, Lena was looking for stability, community and a place to call home.

“Finding the support of the YWCA allowed me to reconnect with myself and trust in the community,” she said. “I’m a stronger woman today than I use to be. I have a better life and I’m happy with whatever I have. I try to learn every single day and I’m at peace with myself.”

Lena’s story of struggling to find safe, affordable housing in Metro Vancouver is not unique. Metro Vancouver remains one of the most unaffordable regions in Canada with high rents and low vacancy rates. But when families have long-term housing, it reduces stress, increases financial security and has a positive impact on children.

### New Homes on the Horizon

At the YWCA, we’re passionate about addressing these critical housing needs, which is why we are thrilled about our new housing communities under development and the hundreds of homes they will provide.

YWCA Cindy Beedie Place and YWCA Marion’s Place will open in the coming months with support from BC Housing and the City of Burnaby. Together, these two buildings will offer a total of 88 two-and-three-bedroom safe and affordable units in Burnaby. Cindy Beedie Place will also have a 37-space child care centre on site opening in February 2026, with support from BC’s Ministry of Education and Child Care.

We are extremely appreciative of Cindy Beedie and her supporters for their generous funding to Cindy Beedie Place. We are also grateful to The 625 Powell Street Foundation, the Government of Canada, through Canada Mortgage and



Housing Corporation and Reaching Home: Canada's Homelessness Strategy, and Y.P. Heung Foundation for supporting Marion's Place.

This spring, we broke ground on a new development in Coquitlam, in partnership with Qualex Landmark and BC Housing. YWCA Tyndall Street will have 18 deeply affordable units, with occupancy expected in fall 2027.

We have several other housing communities currently under construction or nearing opening, and we can't wait to share details about them soon. But with more than 1,100 housing applications received last year, the need continues to grow. Our new Housing Action Fund aims to fundraise \$5 million, which will allow us to respond quickly and move new projects from concept to construction without delays.

## Our Housing Advocacy

Beyond creating housing communities, we also advocate for change at the government level. As we support survivors of gender-based violence, we are increasingly hearing that women are reluctant to leave abusive relationships because they cannot secure long-term housing after being in second-stage transitional housing. That's why we've asked the government to set targets for women's housing, especially for those leaving abusive partners.

As housing providers and advocates, we will continue seeking opportunities to build homes that are safe, affordable and stable for people in our community, like Lena.

“**Finding safe and affordable housing has given me peace, knowing where they're going to sleep, makes my children feel safe.**

- Lena

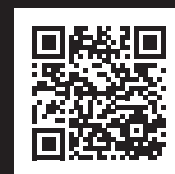
For more information on how to donate to the YWCA Housing Action Fund, contact Shantal Cashman at [scashman@ywcavan.org](mailto:scashman@ywcavan.org) or 604 895 5859.

# Support the YWCA Housing Action Fund

Every day in BC, 200 women fleeing violence are turned away from shelters and transition houses because there isn't enough space for them. These women need safe, permanent housing.

To address this critical need, the YWCA partners with governments, businesses, developers and community leaders to create new, long-term housing opportunities in our community. The **YWCA Housing Action Fund** aims to raise \$5 million to accelerate this work and secure more affordable homes for women and children, particularly those affected by violence.

Help make the dream of secure, stable housing a reality for more families. **Donate to the Housing Action Fund today.**



[ywcavan.org/housing-action-fund](https://ywcavan.org/housing-action-fund)



# CELEBRATING COMMUNITY, CULTURE & CHANGE: HIGHLIGHTS FROM OUR EQUITY COMMITTEES

We're excited to share some recent milestones and memorable moments from our Equity Committees: Truth and Reconciliation, Racial Equity, Gender Inclusion and Accessibility. Together, these committees help us live out our values and advance inclusion, diversity, equity and accessibility (IDEA) across the organization.

In the spring, we celebrated Asian Heritage Month with a heartwarming and tasty celebration, "Dumplings and Community." This dumpling-making workshop at YWCA Crabtree Corner was more than just a culinary event, it was an opportunity to share culture, stories and connection through food.

And speaking of food, the Racial Equity Committee's annual Cultural Feast brought YWCA colleagues together once again to enjoy dishes that reflect the rich cultural diversity of our teams and communities. Food continues to be one of our favourite ways to build bridges and foster belonging!

Another standout moment this year came courtesy of our Gender Inclusion Committee, who helped lead us to an organizational milestone—our very first time marching in the Vancouver Pride Parade! For many, especially newcomers who haven't had the chance to celebrate Pride in their

countries of origin, it was a powerful and joyful experience to show up in a space that affirms identity, rights and community.

We also hosted our first-ever Pride Festival—with a queer vendor market, gender-affirming care giveaway, engaging information sessions from local 2SLGBTQIA+ organizations and an incredible drag and spoken word performances.

In September, the Truth and Reconciliation Committee hosted an incredibly meaningful evening at our annual Rhythms of Resilience event, which you can read about on Page 8.

We're also thrilled to share that the YWCA Accessibility Committee has officially launched! This committee will play a key role in shaping a safer, more inclusive and more equitable work environment for employees, program participants and guests.

There's so much to celebrate, and it's even more meaningful when we come together—in community, in action and in pursuit of a more equitable future.

**For more information about YWCA IDEA policies and work, contact Tamara Robertson-Fry at [trobertsonfry@ywcavan.org](mailto:trobertsonfry@ywcavan.org) or 604 895 5860.**



YWCA team members gather before attending the 2025 Vancouver Pride Parade.



# A LEGACY OF LOVE AND COMMUNITY

Ten years after Grace Tee's passing, her presence is still felt throughout the YWCA Hotel. A beloved Head Housekeeper, Grace made the YWCA her second home—and for her daughters Nikki and Robbie, it still feels like one.

This summer, more than 50 friends, family and YWCA current and former employees gathered to honour Grace's memory on the Rooftop Patio, now called A Space of Grace.

"It was so emotional and heartwarming," said Robbie, one of her daughters. "Seeing her story on the glass and on a plaque—it's something we'll never take for granted. It shows how deeply the YWCA values the people who make this place what it is."

Grace came to Vancouver from Manila at 18, studied hospitality and raised two daughters while building a life filled with care, humour and resilience. She worked at the YWCA for nearly two decades, and her legacy continues to ripple through the organization. Even today, her photo remains behind the front desk and in the housekeeping office, serving as a daily reminder of her warmth and impact.

The YWCA Hotel Rooftop Patio is now available for bookings; a unique event venue, her daughters say it's exactly the kind of space Grace would have loved—welcoming and full of heart.

"Whether it's a gathering, a yoga class or a celebration of life, the space is so versatile and well put together. The personal touches from our family and the many donors who helped bring it to life make it especially meaningful and truly collaborative," Robbie said.

Whether you're hosting a celebration, reception or retreat, A Space of Grace offers a beautiful place to gather and give back to the community Grace loved.



Phyllis, Arden, Shantal, Nikki and Robbie at the YWCA Hotel's Rooftop Patio, A Space of Grace.



Grace's daughters, Robbie and Nikki, at the entrance to YWCA Hotel's A Space of Grace.

**To learn more and book this space for your next event, please contact Puspa Affandi at [paffandi@ywcavan.org](mailto:paffandi@ywcavan.org) or 604 895 5832.**



# SEEING CHANGE AT YWCA HEALTH + FITNESS CENTRE



Members of YWCA Health + Fitness Centre participate in a class.

YWCA Health + Fitness Centre is a facility for individuals who come from all different paths of life. We often get asked to help program participants as we are proud to serve our community and its members.

A gym setting can be scary and intimidating for a variety of reasons, not only for program participants, but for anyone. Perhaps it's a brand-new environment where someone can feel lost or overwhelmed, or it's an environment that has a negative connotation attached to it because of past experiences. Whatever the reason, we are determined to encourage people to start their fitness journey by ensuring they feel comfortable and safe.

After just a few visits, we see people change their lifestyle to be healthier, more active and more confident. This inspiring movement not only motivates themselves, but others around too. The ripple effect is amazing to watch as more participants become members and more first-time achievements are made.

So far this year, have given out 175 three-month memberships to YWCA program participants at no cost. We have also subsidized 35 memberships.

One program that transitioned program participants to YWCA Health + Fitness Centre members is Healthy Hustle, a trauma-informed physical activity program run by YWCA Crabtree Corner.

It has been proven repeatedly that this sense of newfound belonging can change people's lives in the most positive and profound way.

Our beautiful 30,000 square foot facility is the perfect place to feel safe and welcome to work out in. We thank you for your continued support and look forward to making a positive impact for many years down the road.

**To join the YWCA Health + Fitness Centre's gym or classes, contact [memberservices@ywcavan.org](mailto:memberservices@ywcavan.org) or call 604 895 5777.**

# HELEN GHABEL: YWCA'S VP, FINANCE— NOW RETIRED BUT STILL INVESTED



Helen Ghabel and her daughter.

When Helen Ghabel first walked into YWCA Metro Vancouver in 1995, she thought it was primarily a fitness centre. What she discovered instead was an organization driven by deep compassion quietly transforming lives across the community. From day one, she was invested.

As the now-retired YWCA VP of Finance, Helen was deeply impressed by how the organization stretched every dollar to do so much.

"It would've been hard to stay for 28 years if the values and mission didn't align with my own," she reflects. That alignment didn't just keep her at the YWCA, it made her one of its most committed donors.

Helen often chose to donate to the YWCA's "area of greatest need." Why? "Because the organization is most familiar with where the money is needed," she says. "And I know first-hand that they will use my donations to benefit the programs and people we serve."

That trust in the organization runs deep. As a long-time annual and monthly donor, Helen also left a bequest to the YWCA in her will—a legacy gift that, she says, brings her peace.

"It's an honour to know I can continue to make an impact even when I'm gone," she says.

She's seen what legacy gifts can do, funding new housing developments and crucial projects that sometimes go unnoticed but make a lasting difference.

"You don't always see the impact right away," she says. "But that doesn't mean it isn't there."

Beyond the YWCA, Helen's heart is in her community. She volunteers at her church, supports children's programs, and, most importantly, leads by example at home. Her 19-year-old daughter has been raised with the values of kindness, inclusion and the power of helping others.

"If you can help, do," Helen says. As she looks ahead, her hope is clear: that the YWCA continues to meet women, children and families where they're at—with compassion, excellence and the dignity they deserve.

**To discuss Legacy Giving with the YWCA, please contact Shantal Cashman at [scashman@ywcavan.org](mailto:scashman@ywcavan.org) or 604 895 5859.**



# ABOUT YWCA METRO VANCOUVER

YWCA Metro Vancouver is a registered charity, gender equity advocate and community service provider. We boldly envision a just and equitable world for women, families and allies. We deliver affordable housing, early learning and child care, training and employment services, and a range of holistic programs that help support individual, collective and economic well-being.

## BOARD OR DIRECTORS

**Board Chair:** Michelle Cooper-Iversen

**Board Vice-Chair:** Celeste Haldane

**Board Treasurer:** Cathy Imrie

**Board Secretary:** Dianne Sparrow

**Board Members:** Barbara Bahry, Carol Liao, Joanna Ban, Lawrie Ferguson, Nancy McKenzie, Roopa Davé, Sasha Gladu, Zahra Hudani

## YWCA PROGRAMS AND SERVICES

For more information, visit [ywcavan.org](http://ywcavan.org)

### SUPPORT FOR WOMEN AND FAMILIES

SINGLE MOTHERS' SUPPORT SERVICES:  
604 219 8952

PEACE PROGRAM: 604 734 5722

STOPPING THE VIOLENCE OUTREACH GROUP:  
[stoppingtheviolence@ywcavan.org](mailto:stoppingtheviolence@ywcavan.org)

JAPANESE OUTREACH PROGRAM:  
[hkase@ywcavan.org](mailto:hkase@ywcavan.org) | 604 209 1808

SEEDS OF INDEPENDENCE VIOLENCE OUTREACH:  
[seedsofindependence@ywcavan.org](mailto:seedsofindependence@ywcavan.org)

LEGAL EDUCATOR: 604 216 1672

### EARLY LEARNING AND CHILD CARE CENTRES

YWCA CITYGATE  
1192 Quebec Street | 604 687 1150

YWCA CRABTREE CORNER  
533 East Hastings Street | 604 216 1655

YWCA LESLIE DIAMOND  
535 Hornby Street | 604 895 5816

YWCA EMMA'S  
3839 Carolina Street | 604 879 1121

### YOUTH AND MENTORSHIP PROGRAMS

DATING SAFE: [youth@ywcavan.org](mailto:youth@ywcavan.org)

GUIDE TO HIGH SCHOOL: [youth@ywcavan.org](mailto:youth@ywcavan.org)

INDIGENOUS MENTORSHIP PROGRAM:  
[ksieben@ywcavan.org](mailto:ksieben@ywcavan.org)

### AFFORDABLE HOUSING

For women and single mother-led families.

For more information, contact  
[propertyservicesassistant@ywcavan.org](mailto:propertyservicesassistant@ywcavan.org) or visit  
[ywcavan.org/housing](http://ywcavan.org/housing)

Burnaby

YWCA CINDY BEEDIE PLACE

YWCA MARION'S PLACE

Coquitlam

YWCA COMO LAKE GARDENS

YWCA COMO LAKE MEWS

Langley

YWCA FRASER GARDENS



North Vancouver

YWCA Cheshá7min-awtxw

YWCA MAY BROWN PLACE

Richmond

YWCA MOIZ AND NADIA PLACE

Surrey

YWCA ALDER GARDENS

YWCA ARBOUR HOUSE

Vancouver

YWCA CAUSE WE CARE HOUSE

YWCA CRABTREE HOUSING

YWCA EYRIE

YWCA MUNROE HOUSE

YWCA PACIFIC SPIRIT TERRACE

YWCA SANDY SO VISTA

YWCA SEMLIN GARDENS

YWCA x<sup>w</sup>łəpicən

## EMPLOYMENT AND TRAINING

For more information, visit [ywcajobseeker.org](http://ywcajobseeker.org)

Programs for self-identified women

ASPIRE: 604 335 1094

AXIS: 604 313 6527

DISCOVER: [discover@ywcavan.org](mailto:discover@ywcavan.org)

EMPLOYMENT NAVIGATOR: 604 312 0483

ENGAGE MENTORSHIP HUB: 604 900 2391

FOCUS@WORK: 604 699 1788

HEALTH CONNECT: 778 730 2444

POWERUP: 604 968 4151

SURVIVE TO THRIVE: 604 936 5694

TECH CONNECT: 604 219 8525

Programs for youth

GEAR UP: 604 250 9342

OFF THE LEASH: 604 605 4666

STRIVE: 604 970 0139

Other employment programs

BELIEVE: [believe@ywcavan.org](mailto:believe@ywcavan.org)

CAREER PATHS FOR SKILLED IMMIGRANTS:  
604 209 8271

JOB FUTURES 55+: 604 220 7183

## WORKBC CENTRES

YWCA provides WorkBC employment services including job search resources, personal employment planning, training and more.

WorkBC North Vancouver: 106–980 West 1st Street, North Vancouver | 604 988 3766

One Stop Career Shop - Youth Satellite: 109–980 West 1st Street, North Vancouver | 604 988 3766

WorkBC Vancouver South: 7575 Cambie Street, Vancouver | 604 263 5005

WorkBC Midtown West: 300 - 2150 West Broadway, Vancouver | 604 688 4666

WorkBC Vancouver City Centre: 206 - 535 Thurlow Street, Vancouver | 604 872 0770

Career Zone - Youth Satellite: 1260 Granville Street, Vancouver | 604 605 4666

WorkBC Coquitlam: 221 - 3030 Lincoln Avenue, Coquitlam | 778 730 0174

WorkBC Port Coquitlam: 206 - 2540 Shaughnessy Street, Port Coquitlam | 778 730 0171

WorkBC Port Moody: 301 - 130 Brew Street, Port Moody | 604 917 0286

## CRABTREE CORNER COMMUNITY RESOURCE CENTRE

A welcoming centre for women and their families in the Downtown Eastside. Services include early learning and child care, transitional housing, food programs, single mothers' support group, grandparents' group, violence prevention programs, support for those living with FASD and more.

533 East Hastings Street | 604 216 1650

## WOMEN OF DISTINCTION AWARDS

Awards that recognize outstanding women and workplaces.

[ywcavan.org/wod](http://ywcavan.org/wod) | 604 895 5768

## OUR SOCIAL ENTERPRISES

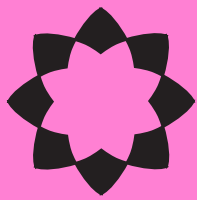
YWCA HOTEL

733 Beatty Street, Vancouver  
604 895 5830 | [hotel@ywcavan.org](mailto:hotel@ywcavan.org)

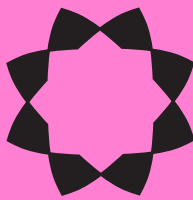
YWCA HEALTH + FITNESS CENTRE

535 Hornby Street, Vancouver  
604 895 5777 | [memberservices@ywcavan.org](mailto:memberservices@ywcavan.org)

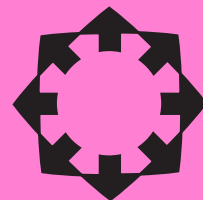




**PURPOSE**



**RESILIENCE**



**FLEXIBILITY**

Strategic Plan 2024-2029. Learn more at [ywcavan.org/forward-purpose](https://ywcavan.org/forward-purpose)

## CONTACT NEWSLETTER

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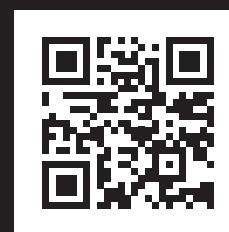
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IMAGINE CANADA

We respectfully acknowledge that our main office and many of our programs are located on the traditional, ancestral and unceded territories of the x<sup>w</sup>məθk<sup>w</sup>əyəm (Musqueam), S<sup>k</sup>wxwú7mesh (Squamish) and səlilwətał (Tsleil-Waututh) Nations, and that our work across British Columbia spans the territories of more than 200 First Nations. We also acknowledge the First Nations, Metis and Inuit peoples who live in our communities.

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